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Cataract Post-Op Instructions

Week 0- Prior to Surgery

Pred-Moxi-Brom- Administer 1 drop two (2) times a day for two (2) days prior to surgery
date

2 Days Prior to Surgery				1 Day Prior to Surgery			

Pred-Moxi-Brom- Administer one (1) drop prior to arrival to surgery

Morning of Surgery

Week 1- Post Surgery

Pred-Moxi-Brom- Administer 1 drop three (3) times a day for the first week

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Week 2- Post Surgery

Pred-Moxi-Brom- Decrease dosage to 1 drop two (2) times a day for the second week

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

Post-Op Visits

- One Day after surgery
- One week after surgery
- Four to six weeks after surgery

Instructions

For the first 5-7 days, the metal eye shield should be worn at bedtime. During the first week sunglasses may be worn outside to protect the eye against injury, wind and debris.

Do not rub the operated eye. Some minor discomfort after surgery is normal. You may use Tylenol, Motrin, or Aspirin for pain.

For the first three (3) days, you may shower from the neck down, avoiding direct water from splashing into the operative eye. Do not lift more than 20-30 lbs. or do any vigorous exercise. If the vision has quickly returned to the operated eye or if the vision is good in the non-operated eye then you may drive after three to seven days.

Avoid wearing make-up for the first five (5) days after surgery.

If you should experience significant pain, nausea or sudden loss of vision, call the doctor office immediately at **(708) 873.0088**.